

What is self-neglect?

Self-neglect can have a significant impact on a person's well-being. Signs that someone is self-neglecting could include:

Personal care

Very poor personal hygiene and unkempt appearance. They lack essential food, clothing or shelter.

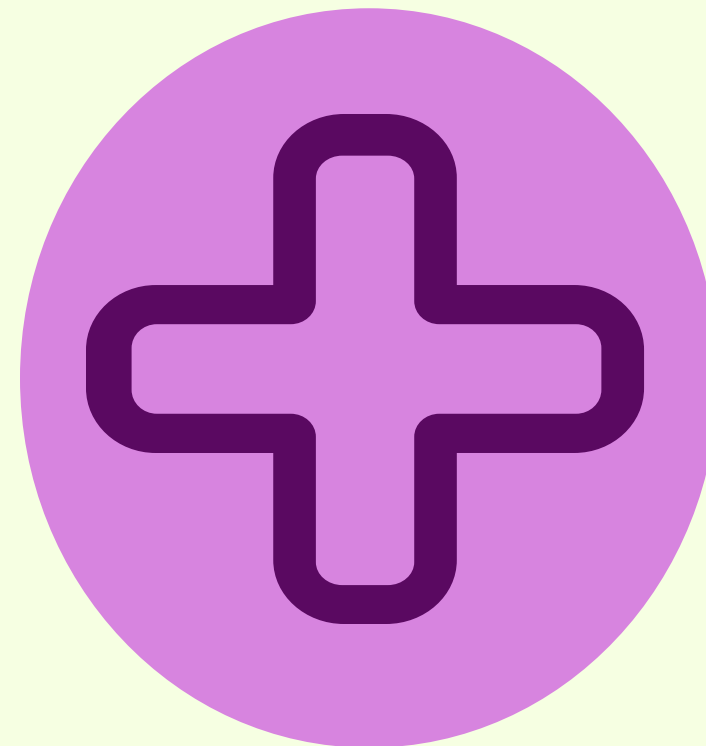


Hoarding

Long-term hoarding behaviours, with an inability to throw away items without experiencing fear and anxiety

Living conditions

Living in squalid or unsanitary conditions and neglecting household maintenance.



Poor health

Unwillingness or inability to take medication or treat illness or injury. Person may be malnourished or dehydrated, and refusing offers of support



Where to go for help:

Self-neglect is a complex issue. Any health or social care professional can provide advice and support. For more information visit the Lambeth Safeguarding Adults Board website www.lambethsafeguarding.co.uk